



## **Organizing Committee**



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Danna Chung, MD, Co-Chair



Shi Ming Jin, MS, Co-Chair



Yong Ming Li, PhD, Co-Chair



Arya Nielsen, PhD, Co-Chair



Yun Fei Xiao Co-Chair



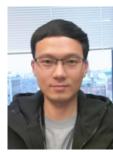
Henry Ehrlich, Executive Meeting Director



Sharon M. Hamlin Co-Executive Meeting Coordinator



Nan Yang, PhD, Co-Executive Meeting Coordinator



Hang Li, MS, Co-Executive Meeting Coordinator



Ying Song, MD Co-Executive Meeting Coordinator



Changda Liu, PhD Co-Executive Meeting Coordinator







## **Speaker Biographies (alphabetically):**



Renata G. Bushko, M.S. is Founder of the Future of Health Technology Institute (FHTI), a health technology think-tank and Strategy Advisory dedicated to defining the health technology development and investment strategy for the 21st century. She founded Future of Health Technology Institute in 1996 and has since chaired twenty Future of Health Technology Summits and worked with more than 1000 experts. These summits engage leading minds from the technology and health fields in envisioning the future of technology for global healthcare. Renata is also producer of Future of Health Technology video educational channel featuring

inventors, scientists, and investors leading health-tech revolution http://www.youtube.com/user/FutureofHealthTech. She is often invited by both government agencies and private sector to design and lead innovation sessions aimed at generating breakthrough ideas and strategic plans for the future.



**Danna Chung,** MD, Assistant Professor, Clinical Immunology at the Icahn School of Medicine at Mount Sinai; Associate Director, Center for Integrative Medicine for Allergies and Wellness. She is board certified in allergy/immunology, internal medicine and integrative/holistic medicine. She has 10 years of experience working with Dr. Li and her TCM therapy for allergy and asthma and is co-author with Dr. Li on several TCM publications. She has been involved in the education of Mount Sinai allergy/immunology fellows as a clinical preceptor.



**Paul M. Ehrlich**, MD, was educated at Columbia University, trained in pediatrics at Bellevue Hospital at NYU, and did his allergy and immunology fellowship at Walter Reed Army Medical Center. He practices at Allergy and Asthma Associates of Murray Hill, where he was a founding partner, and is clinical assistant professor of pediatrics at New York University School of Medicine. He is a fellow of the American Academy of Pediatrics, the American Academy of Allergy, Asthma & Immunology, and the American College of Allergy, Asthma & Immunology. He has been featured as one New York's top pediatric allergists in New York Magazine for

the last ten years. He is past President of the New York Allergy and Asthma Society. He is also coauthor of Asthma, Allergies, Children: a parent's guide and blogs at asthmaallergieschildren.com



**FaXiang Hou,** A Master of Medical QiGong and Traditional Chinese Medicine, Master Hou is the fifth generation in his family to practice a unique and powerful form of healing. His research includes a pilot study on QiGong Therapy for fibromyalgia, and an osteoarthritis study at RWJ Medical School. He is Director of the QiGong Research Society and co-author of *Qigong for Health and Well-Being* and *Unleashing the Power of Food.* He will show us how to balance and energize the Qi to restore and maintain the health of the body.









Shi Ming Jin, M.S., Professor Jin obtained his master degree in Hunan University of Traditional Chinese Medicine. He is currently a council member of the Chinese Society of Traditional Chinese Medicine and the Chinese Association of Traditional Chinese Medicine and Western Medicine. He is the vice president of the Guangdong Provincial Association of Traditional Chinese Medicine and the Guangdong Provincial Association of Integrative Medicine. He is also the visiting professor of five universities, Guangzhou University of Traditional Chinese Medicine, Guangdong Pharmaceutical University, Yunnan College of Traditional Chinese

Medicine Visiting Professor, Guangdong Vocational College of Food and Drugs, and Singapore Academy of Arts and Traditional Chinese Medicine. Professor Jin devoted himself in the Traditional Chinese Medicine on wellness. He was awarded as "National advanced scholar of science and technology" by the National Ministry of Human Resources and the China Association for Science and Technology in 2011. He was elected as the chief expert of health science of China Association of Chinese Medicine in 2011.



Jing Li, PhD, is a chemistry reviewer in the Botanical Review Team (BRT) at Center for Drug Evaluation and Research (CDER) at FDA. In this role, her work mainly focuses on the Pharmacognosy review of new botanical drugs. In addition, she is responsible for generic drug review. Before she joined BRT she worked at FDA, Center for Food Safety and Applied Nutrition (CFSAN) to develop and validate analytical methods for the quality control of dietary supplements (DS). Dr. Li received her undergraduate degree in Pharmacy at Beijing University of Chinese Medicine, and her Masters in Pharmacognosy at Chinese Academy of Medical

Sciences & Peking Union Medical College. She had over 10 years experience in exploring new drugs from herbal medicines in China, and many years reviewing traditional Chinese medicine and western medicine at the China Food and Drug Administration (CFDA). Dr. Li received her PhD degree in Pharmacognosy at the University of Mississippi and followed by postdoctoral work at University of Texas Health Science Center at San Antonio (UTHSCSA) focussing on quality control of herb medicine and discovery of new therapeutic agents. Her work on new microtubule stabilizing agents resulted in one patent. She has authored a book chapter and many papers published in prestigious peer-reviewed journals such as *J. Am. Chem. Soc.* 



**Xiu-Min Li**, M.D. is a Professor of Pediatrics in the Division of Pediatric Allergy and Immunology, at the Icahn School of Medicine at Mount Sinai. Dr. Li obtained her MD degree in Henan University of Chinese Medicine (Zhengzhou) in 1983 and a Master's degree in Clinical Pediatric Immunology from The Graduate School of China Academy of Chinese Medical Sciences (Beijing). She was a Visiting Scientist at Stanford and postdoctoral fellow in Clinical Immunology at Johns Hopkins (Baltimore) where she was appointed instructor in 1997. She has chaired prominent committees about the use of alternative medicines for allergic diseases

in the US and internationally and is now director of a new Center for Integrative Medicine for Allergies and Wellness at Mount Sinai to bring together research and treatment on a larger scale. She was awarded the Future of Health Technology Award for 2016. She is co-author of *Traditional Chinese Medicine, Western Science, and the Search for a Cure* with Henry Ehrlich.









Changda Liu, Ph.D., is a postdoctoral fellow in the Division of Pediatric Allergic and Immunology, Pediatric Department, Icahn School of Medicine at Mount Sinai. He received his doctor degree of Natural Products Chemistry in Shenyang Pharmaceutical University in 2002. He has tremendous experience in identification and isolation of small active molecules from medicinal herbs, molecular mechanisms determination underlying raw material and individual bioactive compounds *in vitro* and *in vivo*.



**Xiao Hong Liu,** MD, is the vice president of Guangzhou University of Chinese Medicine. Dr. Liu is member of the Standing Committee of Guangdong Provincial Association of Chinese Medicine Association, vice president of Guangdong Association of the Integrative Traditional and Western medicine. She has been teaching for 30 years, and has been awarded the "Outstanding Teacher Award". Professor Liu has focused on prevention and treatment of respiratory diseases with Traditional Chinese medicine. She is expert on the treatment of respiratory diseases using combination of traditional Chinese and Western medicine, and has

achieved great progress in treatment of COPD and asthma. Dr. Liu has been involved in more than 30 research projects funded by the National Natural Scientific Foundation and received the Provincial and Ministerial level Scientific Research Award three times. She has more than 100 peer-reviewed publications and is the author or co-author of 10 books related to Traditional Chinese Medicine, including *Chinese Internal Medicine* and *Practical Clinical Skill in Chinese Medicine*.



Yong Ming Li, MD PhD, past President of American Traditional Chinese Medicine Society practices acupuncture and dermatopathology in New Jersey. He was Attending Physician at Warren Hospital NJ and a Board-certified Pathologist, Dermatopathologist, Acupuncturist and Herbalist. He earned a BM from Liaoning College of Traditional Chinese Medicine, China, MS from Illinois State University and PhD from the University of Illinois at Urbana-Champaign. After several years medical research as an assistant professor, Dr. Li completed residency at North Shore University Hospital and fellowship at Ackerman Academy-Columbia

University. He has published over 100 papers and abstracts in journals (Nature Medicine, NEJM, PNAS) and conferences. He has received several research awards, grants, and four US patents. He was the past President of American Traditional Chinese Medicine Society (ATCMS.org). For many years, Dr. Li served as Study Section Member at NCCAM-NIH and CAM PDQ Board Member at NCI-NIH, and received NIH Merit Award. His popular book, entitled *Acupuncture Journey to America* was published in China in 2011.



Anne Maitland, MD, PhD, was named one of New York *Times* 2011-2015 Super Doctors and one of America's Top 21 Women's Doctors byLifescript.com in 2009. She is a Fellow of the American College of Allergy, Asthma and Immunology and a member of the American Academy of Allergy, Asthma and Immunology. Dr. Maitland is very active in local societies and the surrounding communities, to increase awareness of immune-mediated disorders. She is also involved with







research to continually improve the treatments of allergies, asthma and recurrent infections. Her clinical focus includes the diagnosis and treatment of allergic skin disorders, allergic rhinitis, drug allergies, food allergies/sensitivities, asthma and recurrent infections. MD, PhD from the University of Pennsylvania. Residency, Internal Medicine and Fellowship, Allergy & Immunology at the Brigham and Women's Hospital and Mount Sinai Hospital. She works extensively with patients who suffer from mast cell activation syndrome (MCAS) and her work is the subject of a chapter of *Traditional Chinese Medicine*, *Western Science*, and the Fight Against Allergic Disease by Dr. Xiu-Min Li and Henry Ehrlich.



Rachel Miller, MD, is Professor of Medicine/Pediatrics and Environmental Health Sciences; Director, Division of Allergy/Immunology/Rheumatology at Columbia University Medical Center. She was named as top Pulmonologist in the 2011, 2012 and 2013 US News and World Report. She has appointments in 3 departments in 2 Columbia schools and is the Director of the Allergy and Immunology Fellowship program and Director of Adult Allergy. She is a Fellow at the American Academy of Allergy Asthma and Immunology. Her clinical office specializes in the treatment of asthma and allergies at the John Edsall-John Wood Asthma Center. Her research

concentrates on the mechanisms for the onset of asthma.



**Arya Nielsen, PhD,** is an American acupuncturist taught in the classical lineage of Dr. James Tin Yau So. She graduated in the first class of the first acupuncture college in the United States in 1977. She is a practitioner, a teacher, author and researcher and is considered the Western clinical authority on the traditional East Asian technique *Gua sha*. She has an academic research doctorate and is an Assistant Clinical Professor at Icahn School of Medicine at Mount Sinai in New York where she directs the Acupuncture Fellowship for Inpatient Care a post-graduate opportunity where licensed acupuncturists round with physicians and

treat patients in Departments of General Surgery, Orthopedic Surgery, Internal Medicine, Family Medicine, Pediatrics, Oncology and Pain and Palliative Care. Her research includes both the physiology and therapeutic effect of *Gua sha*, and acupuncture therapies for acute care and inpatient setting as well as the treatment of chronic pain in underserved populations. D. Nielsen is the author of *Gua Sha*, *A Traditional Technique for Modern Practice*. She teaches internationally on topics related to East Asian medicine and Integrative medicine. Dr. Nielsen developed and directs the **Gua sha Certification Course** with Pro<sup>D</sup> Seminars (guasha.com).



Anna Nowak-Wegrzyn, MD is one of the leading authorities on food allergies in the world. She is a clinician and clinical researcher in the Jaffe Food Allergy Institute at Mount Sinai Medical Center in New York City. Her research interests, funded by in part by the National Institutes of Health and Food Allergy Initiative, include: egg and milk allergy, food-induced anaphylaxis treatment and risk factors, diagnostic issues in food allergy, food protein-induced enterocolitis syndrome and pollen-food allergy syndrome (oral allergy). She formerly chaired the Adverse Reactions to Food Committee of the American Academy of Allergy, Asthma & Immunology and was

President of the New York Asthma & Asthma Society.









**Hugh A. Sampson**, MD, Kurt Hirschhorn Professor of Pediatrics, Director of the Jaffe Food Allergy Institute, Icahn School of Medicine at Mount Sinai Dr. Sampson has nearly 35 years' experience in translational research focusing on food allergic disorders and basic immunologic mechanisms responsible for these disorders. He has published over 450 articles, 88 book chapters and co-edited 7 books, primarily on clinical and immunopathogenic aspects of food allergic disorders. He was elected to the National Academy of Medicine in 2003. Dr. Sampson is past chair of the Section on Allergy & Immunology of the American Academy of Pediatrics and

the past-president of the American Academy of Allergy, Asthma and Immunology, and his presidential initiative during his tenure led to the *NIAID Guidelines on the Diagnosis and Management of Food Allergy*. He has served on the Editorial Board of 5 allergy Journals. He currently devotes 40% of his time to DBV Technologies as their Chief Scientific Officer.



**Scott H. Sicherer**, MD is the Elliot and Roslyn Jaffe Professor of Pediatrics, Allergy and Immunology and Chief of the Division of Allergy and Immunology in the Department of Pediatrics. He is Medical Director of the Clinical Research Center, a component of Conduits-the Institutes for Translational Sciences at Icahn School of Medicine at Mount Sinai. Dr. Sicherer is a clinician and clinical researcher in the Jaffe Food Allergy Institute at Mount Sinai. His clinical research interests, funded in part by the National Institutes of Health and Food Allergy Research and Education include: the clinical manifestations of food allergy, allergic diseases caused by

specific foods such as peanuts, tree nuts, seafood and milk, the natural history of food allergy, environmental risk factors for food allergy, diagnostic issues in food allergy, epidemiology of food allergy, psychosocial issues associated with food allergies, the genetic epidemiology of food allergy, and the development of educational materials about food allergy aimed toward health care providers and parents.



Ying Song, MD, MS has combined expertise in immunology/medicine and molecular biology. She holds MD and MS degrees after completing a 5-year program at Zhengzhou University in China and then was trained to perform molecular in vitro studies in a post-graduate immunology program. Her research has focused on investigating mechanisms underlying the pathogenesis of allergic diseases including food allergy and other immune disorders, and on developing novel therapies for these diseases. She has extensive experience in conducting animal studies of peanut allergy and established the first high risk murine models of peanut allergy.

which permitted the discovery that epigenetic factors can be transferred from allergic mothers to their offspring. Ying has also explored the correlation of basophil activation as a marker for response to food challenge. She has also developed the new methodology for micro RNA assay and DNA methylation assay applied on peanut allergy model in our group. I have solid publication record in peer-reviewed journals in food allergy field. In Dr Li's laboratory, she is significantly involved in research design, experiment conducting, results interpretation, and publishing. She came to Sinai as a post-doc and is now holds the title of Assistant Professor, Allergy and Immunology Division, Department of Pediatrics.









Kamal Srivastava, PhD is currently an Instructor in the Division of Allergy and Immunology in the Department of Pediatrics at the Icahn School of Medicine at Mount Sinai. She received her Bachelor's degree from Queens College of The City University of New York and PhD from the Graduate School of Biomedical Sciences at Mount Sinai. Kamal joined the Li lab in 1999, very shortly after it was established and the years since has played an integral role in preclinical development and testing of TCM herbal formulas for food allergy and asthma. She has been the lead scientist on several animal model studies evaluating herbal formulas such as ASHMI

and FAHF-2 which moved on to clinical trials and has been lead author on several key manuscripts resulting from these studies. Her current projects include development and testing of novel nanoparticle and herbal solutions for delivery of Berberine for reduction of IgE and preclinical research into combination TCM/OIT therapy for food allergy.



Ning Wang, general practitioner, rehabilitation doctor, registered acupuncturist, member of Chinese Wushu Association, Director of Chen's Tai Chi CME program by NCCAOM. Dr. Wang received her bachelor degree of acupuncture from Henan University of Chinese Medicine in 1996 and her master degree from Shandong University of Chinese Medicine in 2008. She started her practicing of Chinese Wushu since 6 years old and awarded nine times of championship of Chen's Tai Chi internationally. Dr. Wang's research includes combining the Tai Chi practice with acupuncture in the treatment of fatty liver disease. She has accumulated a wealthy

of experience in treating asthma and obesity related diseases.



Susan Weissman is a long standing supporter of Dr. Xiu-Min Li's Chinese Herbal Medicine Development at the Mount Sinai School of Medicine. In addition to her family support, Susan speaks on the topic of Chinese Herbal Medicine Treatment. She also co-founded a successful crowd-sourcing funding effort for a Chinese Herbal Medicine clinical trial. In 2012, Susan wrote a medical memoir about food allergies. Since that time she has used her platform as a published author to advocate and teach about food allergy safety and management to parents and teachers. Susan worked in the field of education for over 20 years. Currently, she is

an advisor at a marketplace for childhood education.



Jing-Ke Weng, PhD received his B.S. (2003) in Biotechnology from Zhejiang University, Hangzhou, China. He received his Ph.D. (2009) in Biochemistry from Purdue University, and was a pioneer postdoctoral fellow at the Salk Institute for Biological Studies and Howard Hughes Medical Institute between 2009 and 2013. Currently he is a member of the Whitehead Institute for Biomedical Research, and an Assistant Professor of Biology at Massachusetts Institute of Technology. Dr. Weng's research focuses on understanding the origin and evolution of plant specialized metabolism at enzyme, pathway, and systems levels, as well as how

plants exploit discrete small molecules to interact with their surrounding biotic and abiotic environments. In addition, he utilizes plant as a unique model system to study human diseases, including metabolic syndromes and protein-misfolding diseases. He is also interested in elucidating the molecular







mechanisms underlying the "matrix effect" known from many traditional herbal remedies used for thousands of years. Dr. Weng is a member of the American Society of Plant Biologists, and has won numerous awards in his career, including Beckman Young Investigator (2016), Alfred P. Sloan Research Fellow (2016), Searle Scholar (2015), Pew Scholar in the Biomedical Sciences (2014), American Society of Plant Biologists Early Career Award (2014), and Tansley Medal for Excellence in Plant Science (2013).



Julia Wisniewski, MD graduated from the University of Pennsylvania with a BME in bioengineering, then obtained her medical degree from the University of Maryland School of Medicine before completing her residency here at Mount Sinai? in 2009. Afterward, she completed her fellowship in Allergy and Immunology at the University of Virginia in Charlottesville. She stayed at UVA where she is now an Assistant Professor in Division of Allergy and Immunology. One of her major research interests is the use of complementary and alternative medicine approaches for prevention and treatment of allergic disease in children. She is currently completing her second level of training as a student of Ayurvedic Medicine

through the California College of Ayurveda.

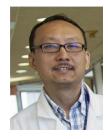


**Ashley Xia**, PhD was trained in medicine at Beijing University of Chinese Medicine, received a PhD in biology at Wayne State University and did postdoctoral neuroscience research at the University of Kansas. She joined Celera Genomics in 1998 and participated in human genome sequencing efforts. Ashley moved to National Institutes of Health in 2003 and has worked there since. She has great interest in integrating modern science with Chinese medicine.



**Er-Ping Xu**, MD, is the President of Henan University of Chinese Medicine. He is the leader of formulas development of for the state administration of TCM, he is a member of the China Association of Chinese Medicine, the national council of China higher education Academy, and the China Medical Herbal editorial board. He is also the editor of *Journal of Henan University of Chinese Medicine* and *Henan Traditional Chinese Medicine*. Dr. Xu has been in TCM teaching and researching for over 20 years. His research interest mainly focuses on digestive system diseases. He is the principal investigator or co-investigator of 29 research projects,

and received the Henan Province Science and Technology Progress Prize for 4 times. Dr. Xu has published more than 50 peer-reviewed publications and is the author or co-author of 25 teaching curricula.



Nan Yang, PhD. He joined Dr. Xiu-Min Li's research group on 2007. He has accumulated tremendous experience in both biology and analytical chemistry, such as High Performance Liquid Chromatography (HPLC) and Mass Spectrometry (LC-MS). His research has focused on investigating the mechanisms underlying allergic diseases including allergic asthma and food allergies, and on developing new treatments for these diseases. He has isolated and identified several bioactive compounds from herbal medicines and investigated their activities and mechanisms







both in vitro and in vivo. As an assistant Professor of Pediatric and Immunology at Icahn School of Medicine at Mount Sinai, he oversees the chemistry research group and is highly involved in the designing research, new treatment formulation, active component identification, and biological activity investigation. He has also been involved in several clinical studies and monitoring the quality and safety of novel interventions used as treatment for allergic diseases.



**Shuai Sun**, PhD, is the director of R&D Center for New Drugs of Guangzhou ImVin Pharmaceutical Co., Ltd. He received his MD from China Pharmaceutical University and PhD from Macau University of Science and Technology in Pharmacognosy. He focuses on discovery of active ingredient and development of novel quality control method of Traditional Chinese Medicine. He has published over 10 scientific papers in this area. He applied for 3 patents (2 granted) and coauthored one monograph. He was also involved in 4 research projects funded by Natural Science Foundation of China, S&T Development Foundation of Macau and Guangdong Province. He has great interests in computer aided sciences and

integration of traditional and modern medicines.



Julie Wang, MD, is an Associate Professor of Pediatrics in the Jaffe Food Allergy Institute at the Icahn School of Medicine at Mount Sinai. She completed pediatric residency training at the New York-Presbyterian/Weill Cornell Medical Center in New York, and Allergy and Immunology fellowship at Mount Sinai. Her research interests include novel therapeutics for food allergy as well as diagnosis, epidemiology and management of food allergy. She has an on-going collaboration with Dr. Xiu-Min Li to develop a treatment for food allergy based on Traditional Chinese Herbal Medicine. She was the principal clinical investigator for the Phase I acute and extended safety trials and Phase II trial for FAHF-2, and is currently

leading a clinical trial to assess the safety and efficacy of E-B-FAHF-2 in combination with multiple allergen oral immunotherapy. Among her literature contributions are numerous articles, reviews, and book chapters, and she has been an invited lecturer at many venues on food allergy-related topics.



**Jijun Xing**, PhD, is the Science and Technology Counselor in Chinese Consulate-General in New York. He received a bachelor degree of engineering from Tianjing University, a master degree in economics from People's University of China, and a PhD in administrative management from Huazhong S&T University. Dr. Xing has years of experience since 1990 in managing and facilitating international scientific and technological cooperation. He served in Chinese Embassies in Norway and the Netherlands, Director of Asia and Africa and Director of Europe in the Chinese Ministry of Science and Technology (MOST). Before taking the current position, Dr. Xing served China Science and Technology Exchange Center as Deputy Director

General covering governmental and non-governmental cooperation in science and technology, technology transfer and academic exchanges. His personal academic interest includes low carbon development technologies and low cost health technologies etc. Dr. Xing is now still a strategic evaluation expert for international cooperation under European Horizon 2020 program.





## 演讲者简介 (按字母顺序)

Renata G. Bushko, 硕士,未来健康技术研究中心 (FHTI)的创始人、健康技术智囊团和战略顾问,致力于制定 21 世纪卫生技术的发展和投资策略。从 1996 年创立未来健康技术研究所开始,主持了二十届未来健康技术峰会,并与超过 1000 多位专家合作。未来健康技术峰会致力于运用创新的想法和科学技术服务全球健康卫生事业。Renata 还创建了未来健康技术视频教育频道,该频道吸引了发明家、科学家和健康科技革命的投资者的参与,网址为 http://www.youtube.com/user/FutureofHealthTech。她常受各政府机构和私营部门邀请设计和主导创新会议,这些会议旨在为未来创造突破性的想法和战略计划。

Danna Chung, 医学博士, 西奈山伊坎医学院临床免疫学助理教授, 过敏和健康的综合医学中心副主任。过敏/免疫学、 内科学和综合/整体医学专业认证。她与李秀敏教授有 10 多年的共事经验, 一起运用中医治疗过敏和哮喘, 也与李秀敏教授共同发表了多篇有关中医的著作。作为临床实习辅导员参与西奈山过敏/免疫学的教育。

Paul M. Ehrlich, 医学博士,毕业于哥伦比亚大学,在纽约大学贝尔维尤医院接受儿科培训,在尔特·里德陆军医疗中心完成过敏和免疫学亚专科培训。在莫里山过敏和哮喘协会任职,同时也是该部门的创始人之一。他是纽约大学医学院儿科临床助理教授。他是美国儿科学会,美国过敏、哮喘和免疫学学会,美国过敏、哮喘和免疫学学院的成员。近十年来纽约杂志一直评价他为纽约顶级儿科变态反应学家之一。他曾经担任纽约过敏和哮喘协会会长。著有《哮喘,过敏症,儿童:家长指南》。博客为asthmaallergieschildren.com。

**FaXiang Hou,** 传统中药和气功治疗大师。 候医师是其家族气功疗法的第五代传人。 他的研究领域主要关注着使用气功疗法缓解肌纤维疼痛症状。同时他也在 Rober Wood Johnson 医学院进行一项气功治疗骨关节炎的项目。侯医师是气功研究会的发起人和指导人。他与他人共同撰写了"*Qigong for Health and Well-Being* and *Unleashing the Power of Food"* 这本书。

Shi Ming Jin, 医学硕士,毕业于湖南中医药大学研究生班。现任中华中医药学会理事、中国中西医结合学会理事、广东省中医药学会副会长、广东省中西医结合学会副会长,广州中医药大学客座教授、广东药科大学客座教授、云南中医学院客座教授、广东食品药品职业学院客座教授、新加坡科艺中医药学院客座教授。金世明教授近年来一直从事中医药文化,特别是中医养生文化的研究。 2011 年 5 月被国家人力资源和社会保障部与中国科协授予"全国科协系统先进工作者"称号。2011 年 10 月当选为中华中医药学会首席健康科普专家。





Jing Li, 哲学博士。李博士是 FDA 药物评估和研究中心(CDER)植物药评审委员会的化学评审专员。她的工作主要集中在对新研发植物药的生药学评审,同时她也负责对非专利药的评审。在加入植物药评审委员会之前,李博士在 FDA 食品安全和应用营养中心(CFSAN)负责开发验证分析技术,对营养补充剂进行质控分析。李博士在北京中医药大学获得药剂学学士学位,在中国医学科学院北京协和医学院获得硕士学位。她不仅拥有 10 多年的植物药开发经验,并且在中国国家食品药品监督管理局(CFDA)就职时有多年评审传统中药和西药的经验。李博士在密西西比大学获得了生药学博士学位。随后,在圣安东尼奥市的德州卫生科学中心专注于植物药的质控和新治疗方法的研发工作,并完成博士后。李博士在微管稳定剂方面的研究获得一项专利。她于他人合作出版过专著,同时也在国际知名期刊上发表过多篇文章。

Xiu-Min Li, 教授, 西奈山伊坎医学院儿科过敏与免疫科的教授。1983 年在河南中医学院(郑州)获得医学学位,在中国中医科学院研究生院(北京)获得儿科临床免疫学的硕士学位。之后到斯坦福大学做访问学者。在约翰斯霍普金斯大学(巴尔的摩)做临床免疫学博士后,1997 年开始在那担任指导员。她主持的委员会,旨在推动在美国和国际上使用替代性药物治疗过敏性疾病。现为新成立的西奈山综合医学治疗过敏和健康中心的负责人。被授予2016 年未来健康技术奖。与 Henry Ehrlich 共同编写了《中国传统医学、西方科学和寻找新的治疗方法》。

**Changda Liu**, 哲学博士, 西奈山医学院儿科过敏与免疫科博士后。刘博士 2002 年获得沈阳药科大学天然产物化学的博士学位。 他在分离,提取,鉴定植物药中的小分子成分有着丰富的经验。同时他也进行有效化学成分在体内体外的分子机理的研究。

Xiao Hong Liu, 医学硕士,教授,主任中医师,博士研究生导师,现任广州中医药大学副校长。广东省中医药学会常委,广东省中西医结合学会副会长。 刘教授从事教学工作近 30 年,曾获得"新南方教学奖-优秀教师奖","南粤优秀教师"等荣誉称号。刘教授一直致力于中医药防治呼吸系统疾病的临床和实验研究。擅长中西医结合治疗呼吸系统疾病,在中医药防治慢性阻塞性肺部疾病、支气管哮喘研究开发方面取得杰出的成绩。刘教授多年来主持和参与国家自然科学基金等各级课题 30 余项,获省部级科研成果奖励 3 项。同时,在国内外公开发行的刊物发表学术论文 100 余篇。主编和参编《中医内科学》和《实用中医临床技能》等专著 10 多部。

Yong Ming Li, 医学博士,哲学博士,美国中医学会前会长,擅长针灸和皮肤病理学。他曾在沃伦医院 NJ 做过主治医师,病理学家、皮肤病理学家、针灸医生、中药师专业认证。在中国辽宁中医药大学获





得学士学位,在伊利诺斯州立大学获得硕士学位,在伊利诺伊大学厄巴纳-香槟分校获得博士学位。作为助理教授在经过几年的医学研究后,李博士完成了北岸大学医院住院医师培训,哥伦比亚大学阿克曼学院亚专科培训。他发表了超过 100 篇期刊、文摘(自然医学,NEJM,PNAS)和会议报告。获得过多项研究奖、基金和四项美国专利。他是美国中医学会(ATCMS.org)前会长。多年来,李博士在NCCAM-NIH和 CAM PDQ担任研究部成员,在NCI-NIH担任理事会成员,并获得NIH优异奖。他的畅销书《针灸在美国》于 2011 在中国出版。

Anne Maitland, 医学博士,理学博士,被纽约时报评为 2011-2015 年超级医生,2009 年被 Lifescript.com 网站评为美国排名前 21 名的医生之一。她是美国变态反应、哮喘和免疫学学院的会员,也是美国变态反应、哮喘和免疫学协会的成员。Maitland 博士积极地提高当地社会和周边社区居民对免疫性疾病的认识。她一直在研究改善过敏、哮喘和反复感染的治疗方法,擅长诊治过敏性皮肤病、过敏性鼻炎、药物过敏、食物过敏、哮喘和反复感染。在宾夕法尼亚大学获得医学博士和理学博士学位。在布里翰妇女医院和西奈山医院担任过住院医师、内科医师、亚专科医师、过敏与免疫学医师。她治疗过很多患有肥大细胞活化综合征的患者(MCAS)。她的工作记载在由李秀敏教授和 Henry Ehrlich 所编写的书《中医,西方科学,抗击过敏性疾病》的一章中。

Rachel Miller, 医学博士, 哥伦比亚大学医学中心药学/儿科和环境卫生科学教授;过敏/免疫/风湿病学系主任。Miller教授被"美国新闻和全球报道"提名为 2011, 2012, 2013 年杰出肺脏学专家。 她在哥伦比亚大学两所学院 3 个院系中担任职务。她还是过敏及免疫项目以及成人过敏项目的主要负责人。 Miler教授是美国过敏反应、哮喘和免疫学协会的成员。 她在 John Edsall-John Wood 哮喘中心从事治疗哮喘及其他过敏疾病的工作。 她的科研课题主要集中在哮喘诱发的机理研究。

Arya Nielsen, 哲学博士,美国针灸师,师承 Dr. James Tin Yau So 世家,于 1977 年毕业于首届美国第一所针灸学院。她是一名医生,教师,又是作家和研究员,被认为是传统东亚技术刮痧的西方临床权威。Nelson 博士在纽约西奈山伊坎医学院任助理临床教授,指导针灸师的病房研究生培训。该培训包括注册针灸师跟医生一起治疗普外科、矫形外科、内科、家庭医学、儿科、肿瘤科、疼痛和姑息治疗科患者。Nelson 博士的研究领域包括刮痧的生理学和疗效,针灸疗法在急诊和住院患者以及得不到足够治疗的慢性疼痛人群中的应用。专著:Gua Sha, A Traditional Technique for Modern Practice 《刮痧:传统技术的现代应用》。讲授东亚医学和整合医学,设立 Prop 研讨会,应用网站 guasha.com 传授Gua sha 认证课程。





Anna Nowak-Wegrzyn, 医学博士。 Nowak-Wegrzyn 博士是全球食物过敏领域的顶级权威之一。她在纽约西奈山伊坎医学院 Jaffe 食物过敏研究中心从事临床科研及治疗工作。 她的工作主要集中在蛋和牛奶过敏,真对食物引起的过敏症状的风险控制,诊断问题,以及治疗。她的工作获得了美国国立卫生研究院及 FAI 的支持。 她是美国过敏反应、哮喘和免疫学协会下属的不良反应食物委员会前主席; 也是纽约哮喘协会前主席。

Hugh A. Sampson, 医学博士,儿科教授, 西奈山医学院 Jaffe 食物过敏研究中心主任。 Sampson博士专注于治疗食物过敏及其基础免疫机理研究近 35年。他在食物过敏临床及免疫机理方面发表了超过450篇科研文章,撰写了88章专著。同时他也是是7部相关书籍的编辑。他于2003年被推选为美国国家医学院院士。Sampson博士是美国儿科学院过敏和免疫学科前任主席;美国过敏、哮喘和免疫学会前任主席。 在任职期间,Sampson博士首倡并推动了美国国家过敏及传染病研究中心颁布了食物过敏诊断及处理指导纲要。 他是5种过敏相关期刊的编辑。目前,他还兼任着DBV科技首席科技总监的职务。

Scott H. Sicherer, 医学博士, Elliot and Roslyn Jaffe 的儿科学和过敏与免疫学教授,儿科过敏和免疫科科主任。他是临床研究中心的医学主任,该中心是西奈山伊坎医学院转化科学所的下属单位。Sicherer 博士是西奈山谢斐食物过敏研究所的临床医生和临床研究员。他的临床研究资金部分来至国家卫生和食物过敏研究和教育研究所,研究方向包括:食物过敏的临床表现,由特异性食物(如花生、坚果、海鲜和牛奶)引起的过敏性疾病,食物过敏的自然史,食物过敏的环境危险因素,食物过敏的诊断,食物过敏的流行病学,食物过敏相关的社会心理问题,食物过敏的遗传流行病学研究,并向卫生保健提供者和家长开展宣传教育。

Ying Song 医学博士,理学硕士,免疫学/医学和分子生物学。她在中国郑州大学完成 5 年的博士和硕士学位,博士后在体外实验进行免疫学分子相关的研究。她的研究方向主要是过敏性疾病的发病机制,包括食物过敏和其他免疫疾病,开发治疗这些疾病的新方法。她在花生过敏动物研究方面有丰富的经验,建立了第一个花生过敏的高危小鼠模型,发现表观遗传因素可以从过敏的母亲转移给后代。Ying 还发现了嗜碱性粒细胞的活化可以作为食品过敏的标志。她还开发了新的方法用于分析微 RNA 和 DNA 甲基化,可应用于花生过敏模型的检测。在同行评审的纸质期刊中发表了食品过敏领域的报道。在李秀敏教授的实验室里,她参与了研究设计、实验、结果解释和出版。之前在西奈山做博士后,目前是儿科过敏和免疫科的助理教授。

Kamal Srivastava 哲学博士,现为西奈山伊坎医学院儿科过敏和免疫学分科讲师。她获得了纽约城市大学皇后学院的学士学位,西奈山生物医学科学研究生院的博士学位。1999 年,李秀敏教授的实验室刚成立不久,Kamal 即加入了李秀敏教授的实验室。她多年来一直在研究治疗食物过敏和哮喘的中药方,在





其临床前开发和测试中发挥了不可或缺的作用。她研究中药配方如 ASHMI 和 FAHF-2 对多种动物模型的作用,进行临床试验,并以第一作者发表了相关的成果。她目前研究的项目包括开发和测试新的纳米粒子运送小檗碱以减少 IgE,以及结合中医/OIT 治疗食物过敏的临床前研究。

**王宁**,针灸硕士,全科医生,残疾人康复医生,华盛顿州注册针灸师,中国武术七段,中国武术协会段位制专家库成员,美国针灸委员会(NCCAOM)继续医学教育陈氏太极拳课程指导者。1996 年河南中医学院针灸学士学位,2008 年山东中医药大学针灸硕士学位。王宁六岁开始练习武术,曾是河南大学生武术队成员,九次获得中国大学生和国际陈氏太极拳冠军。王宁一直致力于陈氏太极拳与针灸结合的医学道路。王宁的研究方向是针刺治疗脂肪肝。她在针刺治疗哮喘和肥胖症方面有着丰富的经验。

Susan Weissman 女士长期以来一直支持李秀敏教授在西奈山医学院进行的传统中药研究。除了 Weissman 家族的慷慨资助以为,Susan 女士一直致力于介绍和宣传传统中医药治疗过敏的方法。她还 是一项非常成功的支持中药临床试验的众筹基金发起人之一。2012 年,Susan 女士写了一本关于治疗食物过敏的回忆录。自那以后,她以作者的身份给向食物过敏患者父母和老师呼吁和传授有关保障食物过敏安全和管理的方法。Suan 女士已经致力于教育有 20 年了。目前,她是儿童教育市场的一位顾问。

Jing-Ke Weng 哲学博士,于 2003 年在中国杭州浙江大学获得生物技术学学士学位。2009 年在普渡大学获得生物化学博士学位,2009 年至 2013 年在索尔克生物研究所和霍华德休斯医学研究所做博士后。现为怀特海生物医学研究所的成员,也是麻省理工学院生物学助理教授。翁博士的研究着重于了解酶、通路和系统水平在植物特有的代谢中起到的作用,以及植物如何利用离散小分子与周围生物和非生物环境发生相互作用。此外,他利用植物作为一个独特的模型系统来研究人类疾病,包括代谢综合征和蛋白质的错误折叠疾病。他还对运用了几千年的传统草药的"基质效应"相关分子机制感兴趣。翁博士是美国植物学会会员,在他的职业生涯中赢得了大量的奖项,包括 BeckmanYoung 研究员(2016)、阿尔弗雷德·斯隆研究员(2016),塞尔学者(2015),生物医学科学的皮尤学者(2014),美国植物生物学家早期职业协会奖(2014),坦斯利奖章和植物科学卓越(2013)。

Julia Wisniewski 医学博士,毕业于宾夕法尼亚大学,生物工程专业,在马里兰大学医学院获得医学学位,2009 年在西奈山完成住院医师培训。后来,在夏洛茨维尔弗吉尼亚大学完成过敏和免疫学亚专科培训,现为过敏和免疫学科助理教授。她的主要研究兴趣之一是使用补充和替代药物的方法来预防和治疗儿童过敏性疾病。她正在进行加利福尼亚阿育吠陀医学阿育吠陀学院的二级培训。

Ashley Xia 哲学博士,在北京中医药大学获得医学教育,在韦恩州立大学获得生物学博士学位,博士后在勘萨斯大学做神经科学研究。1998年加入塞莱拉基因组和参与人类基因组测序工作。从 2003年至今





在美国国立卫生研究院工作。她以极大的热情专注于把现代科学和中医学结合起来的工作。

**Er-Ping Xu**, 医学博士, 教授, 现任河南中医药大学校长。许教授是国家中医药管理局重点学科方剂学学科带头人,中华中医药学会方剂学分会副主任委员、全国中医药高等教育学会第六届理事会理事、《中国医药导报》杂志编委、《中医学报》杂志主编、《河南中医》杂志主编、河南省红十字会理事。许教授长期从事教学工作,方剂配伍及临床应用研究 20 余年,在中医方剂学理论研究和文献整理等领域有很深的造诣。他主要治疗研究疑难杂症和肝胆脾胃消化系统疾病。曾主持或参与国家级和省部级科研课题 29 项,获省部级以上科研获奖项目 8 项,其中河南省科技进步二等奖 4 项;发表学术论文 50 余篇;主编或参编《方剂学》、《医德教育教程》等中国"十二五"、"十三五"规划教材 25 部。

Nan Yang, 哲学博士。于 2007 年加入李秀敏教授的研究小组。他在生物学和分析化学方面积累了大量的经验,如高效液相色谱法(HPLC)和质谱测定法(LC-MS)。 他的研究方向主要是在研究过敏性疾病, 包括过敏性哮喘和食物过敏的机制,开发治疗这些疾病的新方法。他从中药中分离和鉴定了几种生物活性化合物,并对其体内外活性和作用机制进行了研究。现为西奈山伊坎医学院儿科免疫学助理教授,负责化学研究组,负责研究设计、制定新的治疗方法,活性成分的鉴定和生物活性研究。他还参与了几项临床研究,监测新的干预措施用于治疗过敏性疾病的有效性和安全性。

Shuai Sun,哲学博士,广州万正药业有限公司新药开发部主任,硕士毕业于中国药科大学生药学专业,博士就读于澳门科技大学。主要研究方向为中药活性物质基础研究及质控新模式的探索与开发。近年来发表学术论文十余篇,作为第一申请人申请专利三项,其中两项已授权。参编著作书籍一部。作为主要完成人参与国自然、澳门科技发展基金、广东省省科技发展基金等多个项目的开展与实施,对于计算机辅助科学和中西医结合具有浓厚的兴趣。

Julie Wang, 哲学博士, 副教授。Wang 博士是 Jaffe 食物过敏研究所副教授。她在哈佛大学获得她的本科学位,并在康奈尔大学威尔医学院获得医学博士学位。Wang 博士曾在纽约长老会-康奈尔威尔医学中心做儿科住院医生,在西奈山过敏和免疫学科担任专科医生。她的临床研究包括食物过敏的新疗法以及食物过敏的流行病学和护理。目前,Wang 博士和李秀敏教授正在合作进行一项传统中药治疗食物过敏的临床试验。Wang 博士也是 FAHF-2 药方的一期急性安全临床试验和二期临床的负责人。她现在进行的是评估药物 E-B-FAHF-2 联合多种抗原口服免疫疗法的安全性和治疗效果。Wang 博士发表了许多学术文章,综述,书籍章节。她也多次被邀请做有关食物过敏的专题讲座。

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