

## Multiple Sclerosis Cognitive Scale (MSCS)

Please check the box to indicate how frequently during the past month you experienced:

	Never (0)	Rarely (1)	Some- times (2)	Fairly Often (3)	Very Often (4)
1. losing your train of thought	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. forgetting details of a recent conversation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. having a word “on the tip of your tongue” but with difficulty getting it out (word-finding difficulty)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. trouble getting started, even if you had lots to do	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. forgetting what you came into the room for	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. trouble recalling what happened during the last week	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. having a sense of what you want to say, but having trouble clearly expressing your thoughts to someone else	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. taking a long time to finish things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Sumowski JF, Sandry J. Multiple Sclerosis Cognitive Scale (MSCS): A brief psychometrically robust metric of patient-reported cognitive difficulty. *Multiple Sclerosis Journal*. 2025;31:352-362.