

# Gayle J. Krest

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## Education

SciencesPo Paris Campus de Menton and Columbia University in the City of New York  
*Dual Bachelor's Degree Program* *Expected Graduation May 2025*  
*SciencesPo: Politics and Government Major, focus on Middle East and North Africa, GPA 3.98*  
*Columbia: Neuroscience and Behavior Major*

Durham Technical Community College, NC 2019 - 2021  
*Associate in Science with Honors, GPA 4.0*  
*President's List, Summa Cum Laude*

Middle College High School, NC 2019 - 2021  
East Chapel Hill High School, NC 2017 - 2019  
*High Honor Roll*  
*Varsity Swim Team Captain*

## Work Experience

- *Quantum Eye Care* Summer 2022
  - Orchestrated clinical flow as an optometric technician
  - Acted as a scribe for an optometrist
  - Managed the clinic to ensure patients are seen in a timely, thorough manner
- *Carrboro Family Vision* 2020 - 2023
  - Spearheaded clinical flow management as the clinic opened a second practice
  - Administered testing and charting as an optometric technician
  - Managed doctor-patient correspondence, patient prescriptions, and chart prep
  - Explained costs and insurance benefits to patients
  - Proficiency in using autorefractor, tonometer, Optos, topographer, OCT, visual field, NeuroLens, and phoropter
  - Trained as an optician to edge lenses in the lab, dispense glasses to patients, make sales, and repair glasses

## Volunteer Experience and Associations

- *SciencesPo Refugee Help at SciencesPo Menton* 2022 - 2023
  - Participated in the distribution of food and essential items to refugees at the Franco-Italian border following the closure of the Red Cross transit camp
- *Vice president of the UEJF at SciencesPo Menton* 2021 - 2023
  - Coordinated educational and religious events for the Jewish and non-Jewish campus populations
- *Teaching Small Group Hebrew* 2018 - 2021
- *French Tutor and Belgian Exchange Volunteer* 2019 - 2021

## Language Proficiencies

- English, C2, native proficiency.
- French, C1, professional proficiency.
- Modern Standard Arabic, B1, intermediate proficiency.
- Turkish, B1, intermediate proficiency.