

# MICHAEL PARISE

Phone: (845) 216-5276  
mparise9@gmail.com  
mparise@student.touro.edu



410 East 64<sup>th</sup> St  
Apt. 11  
New York, NY 10065

## EDUCATION

---

<b>DO</b>	<b>Touro College of Osteopathic Medicine</b> <i>Doctor of Osteopathic Medicine candidate Class of 2023</i>	<b>New York, NY</b> <i>July 2019 – Present</i>
<b>BS</b>	<b>University of Maryland</b> <i>Bachelor of Science in Biological Sciences</i>	<b>College Park, MD</b> <i>September 2012 – June 2016</i>

## HONORS AND AWARDS

---

<b>Title of Academic Distinction</b>		
Sigma Sigma Phi Honor Society (Psi Chapter – TouroCOM – Harlem)		January 2020
<b>Title of Leadership Experience</b>		
Emergency Medicine Interest Group   National Liaison		2020 – 2021
Sigma Sigma Phi Society – Committee   Education Chair		2020 – 2021

## RESEARCH AND WORK EXPERIENCE

---

<b>Mount Sinai School of Medicine; Dr. Eric Nestler Lab</b> <i>Research Assistant</i>		<b>New York, NY</b> <i>January 2018 – August 2019</i>
<ul style="list-style-type: none"><li>• Participated in research aiming to understand the molecular mechanisms of addiction and depression</li><li>• Worked directly with rodent brain samples and technology used to assess changes in gene expression</li><li>• Recorded behavioral data in Excel sheet and analyzed data trends using graphs</li></ul>		
<b>Depuy Synthes Mitek Sports Division</b> <i>Associate Sales Consultant</i>		<b>New York, NY</b> <i>August 2018 – July 2019</i>
<ul style="list-style-type: none"><li>• Guide and Assist Surgeons and Ancillary Personnel in Operating Room Using Product Knowledge</li><li>• Provide Operating Room, Sterile Processing Department, and Product Consultation</li></ul>		

**Phelps Memorial Hospital Center; Emergency Department**  
*Research Assistant*

**Tarrytown, NY**  
*March 2018 – July 2019*

- Collected and Quantified Data on E.D processes including door to physician time, door to IV time, and patient satisfaction scores.
- Used Lean Methodology to assist in improving E.D flow and processes in order to improve patient satisfaction scores

**Caremount Medical Laboratory**  
*Specimen Processor*

**Brewster, NY**  
*April 2018 – August 2018*

- Processed Patient Specimens within Clinical Laboratory Setting
- Responsible for Centrifuging and Preparing Specimens

**COMMUNITY SERVICE**

---

**SSP, Harlem, NY (2019 – 2021)**

TouroCOM sponsored events including the Food Pantry, Clean up Harlem, and the Health Fair

**Beat The Streets, New York, NY ( 2019 – present)**

Volunteer coach for the Beat the Streets NYC wrestling program. This program is aimed at providing opportunities for urban youth to get involved in the sport of wrestling. As a coach I work with 15-20 youth wrestlers and try to instill a lifelong impact using lessons learned on the wrestling mat such as perseverance, discipline and a strong work ethic.

**Brewster Youth Wrestling Program, Brewster, NY (2012 – 2019)**

Volunteer coach for the Brewster Youth Wrestling program. During this experience I worked with youth wrestlers aged 5-12 years old with the aim to teach and foster self-confidence, teamwork, and respect for self and others through the sport of wrestling.

**LANGUAGES**

---

**English:** Native Language

**OTHER**

---

**Athletics:** University of Maryland Varsity Wrestler  
2012 – 2015  
NCAA Division I Program