

Diagnostic Criteria for the Suicide Crisis Syndrome Checklist (SCS-C):

A. Entrapment: Patient presents with a problem that *they perceive* as intolerable and unsolvable (they may describe themselves as ‘trapped’, ‘having no exit’ or ‘having reached a dead end’):

no yes

B. Associated disturbances: [Patient screens positive (yes) if any of the symptoms below are marked “yes”]:

no yes

(B1) Affective disturbance: no yes [For (a), (b), (c), (d) criteria patient screens positive (yes) if any of the symptoms below are marked “yes”]:

Manifested self- or collateral-report or observation of any of:

- (1) emotional pain
no yes
- (2) rapid spikes of negative emotions or extreme mood swings
no yes
- (3) extreme anxiety that may be accompanied by dissociation or sensory disturbances
no yes
- (4) acute anhedonia (i.e., a new or increased inability to experience interest or pleasure or imagine future experience of interest or pleasure)
no yes

(B2) Loss of cognitive control: no yes

Manifested by self- or collateral-report or observation of any of:

- (1) intense or persistent rumination about one’s own distress and the life events that brought on distress
no yes
- (2) an inability to deviate from a repetitive negative pattern of thought (cognitive rigidity)
no yes
- (3) an experience of an overwhelming profusion of negative thoughts accompanied by a sensation of pressure or pain in one’s head (ruminative flooding)
no yes
- (4) repeated unsuccessful attempts to suppress negative or disturbing thoughts
no yes

(B3) Disturbance in arousal: no yes

Manifested by self- or collateral-report or observation of any of:

- (1) agitation no yes
- (2) hypervigilance no yes
- (3) irritability no yes
- (4) global insomnia no yes

(B4) Social withdrawal: no yes

Manifested by self- or collateral-report or observation of any of:

- (1) withdrawal from or reduction in scope of social activity no yes
- (2) evasive communication with close others no yes