

Diagnostic Criteria for Suicide Crisis Syndrome - Checklist (SCS-C):

**A. Entrapment:** Patient presents with a problem that *they perceive* as intolerable and unsolvable (they may describe themselves as ‘trapped’ ‘having no exit’ or ‘having reached a dead end’):

☐no ☐yes ☐extreme [Patient screens “extreme” if the symptom is overwhelmingly distressful]

**B. Associated disturbance:** [Patient screens positive (yes) if any of the symptoms below are marked “yes”, meets extreme if more than half of the symptoms in each domain are present.]

☐no ☐yes ☐extreme

(a) Affective disturbance: ☐no ☐yes ☐extreme [For (a), (b), (c), (d) criteria patient screens positive (yes) if any of the symptoms below are marked “yes”, meets “extreme” if more than half of the symptoms in each domain are present.]

Manifested self- or collateral-report or observation of any of:

(1) emotional pain:

☐no ☐yes

(2) rapid spikes of negative emotions or extreme mood swings:

☐no ☐yes

(3) extreme anxiety that may be accompanied by dissociation or sensory disturbances:

☐no ☐yes

(4) acute anhedonia (i.e., a new or increased inability to experience interest or pleasure or imagine future experience of interest or pleasure):

☐no ☐yes

(b) Loss of cognitive control: ☐no ☐yes ☐extreme

Manifested by self- or collateral-report or observation of any of:

(1) intense or persistent rumination about one’s own distress and the life events that brought on distress:

☐no ☐yes

(2) an inability to deviate from a repetitive negative pattern of thought (cognitive rigidity):

☐no ☐yes

(3) an experience of an overwhelming profusion of negative thoughts, impairing ability to process information or make a decision (ruminative flood/cognitive overload):

☐no ☐yes

(4) repeated unsuccessful attempts to suppress negative or disturbing thoughts:

☐no ☐yes

(c) Disturbance in arousal: ☐no ☐yes ☐extreme

Manifested by “yes” or “extreme” self- or collateral-report or observation of any of:

(1) agitation: ☐no ☐yes

(2) hypervigilance: ☐no ☐yes

(3) irritability: ☐no ☐yes

(4) global insomnia: ☐no ☐yes

(d) Social withdrawal: ☐no ☐yes ☐extreme

Manifested by self- or collateral-report or observation of any of:

(1) withdrawal from or reduction in scope of social activity:

☐no ☐yes

(2) evasive communication with close others

☐no ☐yes