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## Friends & Family

*Friends and Family of persons with MS are invited to participate in a research study on risk and protective factors for cognitive decline. Participants must be 20 to 50 years old and not have any neurologic disease.*

*Participants will complete tests of cognitive and physical function and answer questionnaires. Procedures take about 3 ½ hours, and are repeated after three years. There is an optional MRI, which would take an additional hour. Participants are compensated for their time and effort.*

*Interested persons should contact the research team led by Dr. James F. Sumowski at [RESERVE@mssm.edu](mailto:RESERVE@mssm.edu).*



National Institutes of Health  
*Turning Discovery Into Health*

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PI: James F. Sumowski, Ph.D.

IRB approved through 04/05/2018

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# Memory Clinical Trial

Persons with MS and memory decline are invited to consider a 14-week phase-two clinical trial of atomoxetine (Strattera): a non-stimulant drug FDA approved for children and adults with ADHD.

**Eligibility:** (a) diagnosis of MS, (b) age 21-60 years; (c) memory deficits (assessed by study team); (d) no ADHD, neurologic disease (other than MS), bipolar disorder, current depression, recent suicidal thoughts, liver or heart disease, or narrow angle glaucoma; (e) cannot be pregnant or breastfeeding; (f) cannot be taking certain medications (e.g., Prozac, Paxil, study physician will review your medications).

**Procedures:** (a) 20-minute eligibility screen, (b) 1-hour baseline memory assessment, (c) randomization to atomoxetine or placebo for six weeks, (d) follow-up memory assessment, (e) crossover to placebo or atomoxetine for six weeks, and (f) final follow-up memory assessment.

Interested persons should contact the research team led by Dr. James F. Sumowski at [RESERVE@mssm.edu](mailto:RESERVE@mssm.edu).

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